

## SUGGESTOPEDIA AND STUDENTS' MOTIVATION: SPEAKING CLASS

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### KEYWORD

*Suggestopedia, Motivation, Speaking*

### ABSTRACT

*The research investigates the impact of the Suggestopedia method on student motivation in speaking classes. Suggestopedia is an innovative teaching method designed to increase student engagement and motivation in the classroom, particularly in the area of communication skill development.. The method is predicated on the notion that students have untapped resources that can be accessed through suggestive learning strategies. Suggestopedia's goal in speaking classes is to reduce anxiety and increase students' confidence in verbal expression. Learners are encouraged to take risks, make mistakes, and develop their speaking abilities as a result of the method's supportive environment. Positive reinforcement and suggestion play a significant role in Suggestopedia, contributing to the increased motivation and engagement of students. Integrative and instrumental motivations are also investigated in the context of acquiring a foreign language, with an emphasis on the cultural and pragmatic aspects of language acquisition. Ten students from the first semester of the English Department at STAI Hubbulwatahan Duri Riau were interviewed using qualitative methods, such as focus group discussions, to obtain in-depth insights. The findings indicate that participants highly value the motivational aspects of Suggestopedia, such as its impact on interest, social contact, cultural awareness, and speaking skills. While some participants held pessimistic views regarding practical motivations, the majority acknowledged the significance of English proficiency for personal and professional development. Overall, the study indicates that Suggestopedia can motivate in language learning, and that integrating integrative motivation into language teaching strategies, particularly in English-speaking classrooms, can produce positive results.*

### INTRODUCTION

Suggestopedia is an innovative teaching method designed to boost student motivation and involvement in class. It has been widely used in speaking classes, in particular, to help students develop excellent communication skills. Suggestopedia is a student-centered method that fosters a joyful and easy learning atmosphere. It incorporates aspects like music, art, and theater to spark students' imagination and creativity. One of Suggestopedia's guiding ideas is its faith in students' abilities. This is based on the assumption that students have a wealth of untapped resources that can be unlocked through suggestive learning strategies. This strategy is used in speaking classes to help students overcome fear and gain confidence in expressing themselves verbally. Suggestopedia's enabling atmosphere encourages learners to take risks, make mistakes, and learn from them in order to improve their speaking skills. Furthermore, Suggestopedia emphasizes the value of positive reinforcement and suggestion. According to several research findings, suggestopedia is useful in increasing students English-speaking skills (Astutik, 2019; Deswarni, 2018; Syarifuddin et al., 2022; Nairan Majali, et al., 2020; Ristiyani, 2021).

In implementing suggestopedia method there are four stages to this procedure. According to Lazanov in Birova (2013), the suggestopedia method consists of four stages:

- a. The main purpose of this stage is to help pupils relax and get into a good frame of mind, with the expectation that learning will be simple and pleasurable.
- b. Active attention This entails an active presentation of the topic to be studied. Drama, for example, may be used in a foreign language class. A reading of a piece of literature accompanied by classical music.
- c. Passive Caring Students are now asked to unwind and listen to some baroque music while the text is read quietly in the background. The music is carefully chosen to put kids in the best mental state for learning.
- d. Practice using various games, puzzles, and other activities to review and solidify information.

In learning English students need some motivations. Motivation is crucial in language learning because it affects learners' willingness to engage with the language as well as their overall language skills (Deswarni, 2016; Ozer & Badem, 2022; Atmoko et al., 2022; Martina et al., 2021). Traditional teaching approaches frequently fail to fully engage and motivate students, resulting in limited growth in speaking abilities. Suggestopedia, on the other hand, provides a potential alternative technique that can both enhance students' motivation and improve their speaking abilities. Suggestopedia encourages students to be actively involved in the learning process by adopting these strategies, which leads to improved motivation and engagement. Language instructors that use Suggestopedia deliver frequent positive feedback to their students, applauding their efforts and achievements. This positive reinforcement fosters a motivating environment in which children are encouraged to actively participate in speaking activities, advancing their language development (Suprpto & Kurniawan, 2020; Marhamah, 2017; Lena et al., 2022; Anwar et al., 2020). In learning a foreign language there are two types of motivation than needed to implemented that are integrative and instrumental motivation. Integrative motivation related to the cultural background of the target language and instrumental motivation related to situation to make them believe in themselves to master the foreign language (Gardner and Lambert in Hong & Ganapathy, 2017)

This method allows students to study the language while sitting in a lovely, calm environment in the classroom. One of the primary goals of this strategy is to make the classroom environment comfortable for the students. As a result, it has cozy chairs, soft lighting, and a unique type of music. Calm music is played in the background of the lesson to boost students' levels of relaxation. The purpose of this research is to investigate the Suggestopedia on students' motivation in speaking classes. It also attempts to provide language instructors and practitioners with useful information. These findings can help to improve teaching practice and create an effective language learning environment that motivates students and improves their speaking skills.

## **METHODS**

Many studies have been undertaken in order to conceal the link between motivation and English proficiency. This study used qualitative methods in order to acquire a more comprehensive and in-depth understanding of motivation from their point of view. This study included Focus Group Discussion. Two Focus Group Discussions were held in the first semester at STAI Hubbulwatahan Duri Riau's English Department. Each discussion group had 5 participants. Two discussion groups were held with the purpose of finding and comparing common patterns and points among these individuals. This study included 10 students from the first semester of the English Department at STAI Hubbulwatahan Duri Riau, all of whom were thought to have similar abilities or come from similar backgrounds and circumstances. Everyone is encouraged to communicate openly and honestly. Instruments for Focus Group Discussion

were employed as the research tool in this study. It is a method of gathering information from a group of people about their ideas and impressions on a specific topic (Marshall, 2010). Discussions about research questions are included in this strategy. The responses of participants were recorded and examined. This study's instrument comprised of 10 open-ended questions. These questions are based on Ratanawalee Wimolmas' research in Hong & Ganapathy (2017). The questions were modified by the researcher to fit the needs of the current study. This focus group discussion method is used to collect data because it can save time and avoid repetitive information, and participants can immediately provide clarification of all the opinions they give. There are two indicators that used in the instrument. The description of the indicators can be seen in the table below:

The Indicators of Suggestopedia on Students' Motivation to Speak

No.	Aspect of Motivation	Items
1.	<i>Instrumental Motivation</i>	1, 2, 3, 4, 5
2.	Integrative Motivation	6, 7, 8, 9, 10

Table. 1

By describing what was discovered and then categorizing it into themes, qualitative data analysis (QDA) was utilized to transform the qualitative data into some kind of explanation or interpretation Taylor & Gibbs in Hong & Ganapathy (2017). This approach is composed of three (3) primary components: noticing, collecting, and thinking about things. These components are interrelated and cyclical. The collected data were given codes during the QDA analysis process based on topic or theme. The researcher can then swiftly compile all the texts and data that are connected to particular themes or concepts by using the labelling as sorting and gathering tools. Thus, the information was compiled, arranged, and classified into various categories (Seidel in Hong & Ganapathy, 2017)

## RESULTS AND DISCUSSION

These data were analysed in accordance with the different motivation types. Each of groups and participants were labelled by using alphabets and numbers: G1-a refers to the first student in the first group discussion and G2-a refers to the first students in the second group. The participants' input that was gathered is shown in the tables below:

1. Why do you study English?

No.	Responses of Participants	Instrumental
Group 1-a	I can form meaningful interactions with people from other cultures through studying English	Positive
Group 1-b	English is widely used, and mastering it empowers me to speak successfully in various circumstances	Positive
Group 1-c	English will allows me to travel, work, and study abroad, enriching my life.	Positive
Group 1-d	Learning English will gives me access to literature, research, and media that my native language doesn't provide	Positive
Group 1-e	English knowledge boosts my work possibilities in today's global job market.	Positive
Group 2-a	Learning English feels like a chore rather than a self-interest because it's needed for school or work	Negative
Group 2-b	English helps my problem-solving, multitasking, and memory skills..	Positive

<b>Group 2-c</b>	Learning English can be hard and demoralizing.	Negative
<b>Group 2-d</b>	Learning English will gives me the ability to succeed in the digital age because it's the language of technology and creativity..	Positive
<b>Group 2-e</b>	Foreign literature and media expand my worldview and develop empathy	Positive

Table 2. Instrumental Question

From the table above there 20% negative response and 80% positive response by the participant about the reason why they study English.

2. Do you think English will make you smart and skilled? Why?

No.	Responses of Participants	Instrumental
<b>Grou p 1-a</b>	English proficiency can enable global collaborations, research, and academic exchanges, foster innovation, and advance information and ideas	Positive
<b>Grou p 1-b</b>	Reading and understanding difficult texts and ideas in English develops critical thinking, analytical skills, and problem-solving skills	Positive
<b>Grou p 1-c</b>	English proficiency boosts job possibilities and opens worldwide professional doors, allowing people to work in varied settings and connect with more people.	Positive
<b>Grou p 1-d</b>	Focusing primarily on English competence can disregard other vital abilities and talents, such as mathematics, the arts, and critical thinking	Negative
<b>Grou p 1-e</b>	Many companies and universities use English, giving access to a plethora of global knowledge, resources, and networks.	Positive
<b>Grou p 2-a</b>	Language ability is not the only factor in determining intelligence and skill. Intelligence encompasses several cognitive functions beyond language.	Negative
<b>Grou p 2-b</b>	Being overly focused on English ability can produce linguistic limitations and underestimate the depth and variety of other languages and cultures	Negative
<b>Grou p 2-c</b>	English fluency does not ensure success or proficiency in any industry. Professional competence requires knowledge and abilities specific to a domain	Negative
<b>Grou p 2-d</b>	English proficiency improves communication abilities, including reading, writing, listening, and speaking, which are crucial for academic, professional, and personal success	Positive
<b>Grou p 2-e</b>	Learning English broadens cultural viewpoints and improves intercultural competency, empathy, and understanding	Positive

Table 3. Instrumental Question

The table above showed that 60% positive and 40% negatives responses by participants about their opinion that

English will make them smart and skilled.

3. Do you think learning English may help you succeed in life? Why?

No.	Responses of Participants	Instrumental
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<b>Group 1-a</b>	Knowing English can make it easier for people from different cultures to communicate and understand each other in different settings, which can help with personal growth, tolerance, and being a good global citizen	Positive
<b>Group 1-b</b>	Being able to speak English well gives you access to a huge amount of knowledge, tools, and information in the language. This broadens your intellectual horizons and gives you more chances to learn.	Positive
<b>Group 1-c</b>	A focus on English can mean that regional languages and cultural traditions don't get as much attention as they should, which could hurt cultural identity and diversity.	Negative
<b>Group 1-d</b>	Being able to speak English may not be directly useful or important for success in some places or situations where another language is used most of the time	Negative
<b>Group 1-e</b>	The idea that English is necessary for success can keep people from getting ahead, especially if they don't have the money or time to learn it.	Negative
<b>Group 2-a</b>	Individuals who don't have access to good English schooling or resources can be disadvantaged by the pressure to learn English.	Negative
<b>Group 2-b</b>	Putting too much stress on how well someone speaks English can make it hard to see how important other skills and talents are to success, such as creativity, problem solving, or emotional intelligence	Negative
<b>Group 2-c</b>	Knowing English doesn't guarantee success on its own; it's just one of many things that add to a person's overall ability and success.	Negative
<b>Group 2-d</b>	Focusing on English as a world language could hurt the cultural and linguistic diversity of other languages, which could lead to linguistic and cultural bias.	Negative
<b>Group 2-e</b>	English is used all over the world as the language of business, diplomacy, and academia. This makes it possible to make international connections, work together, and move up in your	Positive

Table 4. Instrumental Question

The responses on the table showed that Only 30% for positive responses and 70% for negative responses, about learning English may help to succeed in life.

4. Do you think English will make others appreciate you? Why?

No.	Responses of Participants	Instrumental
<b>Group p 1-a</b>	Communicating and understanding across cultures in many circumstances can help one build empathy and global citizenship.	Positive
<b>Group p 1-b</b>	Focusing on English can overlook cultural diversity and regional language development, weakening cultural identity.	Positive
<b>Group p 1-c</b>	The perception that English proficiency is necessary for success can perpetuate inequality, especially for those without the resources or chances.	Positive

<b>Grou p 1-d</b>	English proficiency may overshadow creativity, problem-solving, and emotional intelligence	Negative
<b>Grou p 1-e</b>	Focusing on English as a universal language may damage other languages and cultures, leading to discrimination	Negative
<b>Grou p 2-a</b>	English is used worldwide in business, diplomacy, and academia, providing opportunities for international collaboration and career advancement	Positive
<b>Grou p 2-b</b>	Pressure to learn English can disadvantage people without high-quality education or resources	Negative
<b>Grou p 2-c</b>	Good English skills are just one aspect that determines a person's aptitude and success	Negative
<b>Grou p 2-d</b>	English proficiency may not be necessary in some local or specific situations where another language is utilized more often	Negative
<b>Grou p 2-e</b>	English proficiency opens up a world of knowledge, resources, and learning chances.	Positive

Table 5. Instrumental Question

There are 50% positive and 50% negative response from the participants about English will make others appreciate them.

5. Do you think learning English will earn you a better job in the future? Why?

No.	Responses of Participants	Instrumental
<b>Group 1- a</b>	Learning English gives access to job listings and tasks all over the world. This gives you a chance to learn about other cultures and move up in your career	Positive
<b>Group 1- b</b>	English is used in technology, business, and travel, so knowing it can help you get a job.	Positive
<b>Group 1- c</b>	Knowing English helps people in foreign business and trade talk to each other and build relationships	Positive
<b>Group 1- d</b>	Knowing English is a plus. Learning English helps your career and job chances by giving you access to information, resources, and opportunities for professional growth around the world.	Positive
<b>Group 1- e</b>	In some places or situations, being able to speak a language other than English may be more valued and helpful for getting a job.	Negative
<b>Group 2- a</b>	English is the language of business, trade, and contact around the world. This makes it easier to find work abroad.	Positive
<b>Group 2- b</b>	Being able to speak English is a requirement for working at many international companies and organizations, which makes more jobs available	Positive

<b>Group 2-c</b>	Knowing English well may not be enough to get a better job if you don't have enough other skills and qualifications.	Negative
<b>Group 2-d</b>	Knowing English makes you more competitive in job areas where there are a lot of people with similar skills.	Positive
<b>Group 2-e</b>	Leaders and managers need to be able to communicate well with people on different teams and in different places	Positive

Table. 6. Instrumental Question

The table above showed that there are 20% negative responses and 80% positive responses from the participants for the question about learning English will earn a better job in the future. 6. How does Suggestopedia help increase your interest and motivation in learning English as a whole?

No.	Responses of Participants	Integrative
<b>Group 1-a</b>	Suggestopedia makes learning fun and interesting, so I'm always looking forward to going to English class.	Positive
<b>Group 1-b</b>	Suggestopedia keeps me motivated and excited to learn English by giving me a wide range of interesting activities and tools to use.	Positive
<b>Group 1-c</b>	Suggestopedia creates a friendly and helpful environment, which makes me more excited to learn English.	Positive
<b>Group 1-d</b>	Suggestopedia's use of music, acting, and ways to relax makes learning English fun and makes me more interested in the language.	Positive
<b>Group 1-e</b>	Suggestopedia gives me chances to practice my language skills in an interactive and communicative way, which keeps me interested and driven.	Positive
<b>Group 2-a</b>	Suggestopedia's all-around method to language learning and cultural understanding makes me want to learn English even more.	Positive
<b>Group 2-b</b>	Suggestopedia shows me real-life materials and events, which makes learning a language interesting and useful.	Positive
<b>Group 2-c</b>	The positive affirmations and ideas in Suggestopedia help me feel better about speaking English and give me more motivation to do so.	Positive
<b>Group 2-d</b>	Suggestopedia helps people be creative and express themselves, which makes learning English fun and rewarding.	Positive
<b>Group 2-e</b>	The positive comments and encouragement from my teacher and classmates in Suggestopedia classes keep me motivated to improve my English skills.	Positive

Table.7. Integrative Question

The table above showed that from 10 participants that divided into 2 groups, and 100% give positive response about how Suggestopedia help them to increase their interest and motivation in learning English as a whole.

7. To what extent does Suggestopedia provide opportunities for you to engage in social interaction with native speakers or members of the English-speaking community? How does this affect your motivation to improve your speaking skills?

No.	Responses of Participants	Integrative
<b>Group 1-a</b>	Suggestopedia gives me numerous opportunities to communicate with English-speaking people, frequently through social media	Positive
<b>Group 1-b</b>	Involve me in social interactions with native English speakers or others from the English-speaking community so I can practice speaking pronunciations and develop my confidence in English	Positive
<b>Group 1-c</b>	Being exposed to many ethnic expressions, dialects, and nuances in Suggestopedia makes me more driven to sharpen my English-speaking and communication abilities.	Positive
<b>Group 1-d</b>	Talking to people who are native English speakers or are part of the English-speaking community gives me useful feedback and insights that help me work on my pronunciation and language usage	Positive
<b>Group 1-e</b>	The social engagement on Suggestopedia helps me feel like I belong and am connected to the English-speaking community, which encourages me to participate actively and develops my speaking abilities.	Positive
<b>Group 2-a</b>	Have group tasks or projects on Suggestopedia enables me to benefit from the native language skills and cultural awareness, motivating me to work hard to learn English fluently.	Positive
<b>Group 2-b</b>	Suggestopedia fosters a welcoming environment where I feel at ease honing my communication skills with native English speakers or other members of the English-speaking community.	Positive
<b>Group 2-c</b>	I have not the chance to socialize yet with native English to keep improving my speaking abilities	Negative
<b>Group 2-d</b>	The upbeat and encouraging environment at Suggestopedia inspires me to actively look for chances for social interaction with native speakers or members of the English-speaking community outside of class, which furthers my speaking abilities even just through social media.	Positive
<b>Group 2-e</b>	I've been motivated to work on my speaking because of the friendships and connections I've formed on Suggestopedia with native English speakers and other people who speak the language, as they've given me encouragement and motivation as I continue to study the language.	Positive

Table.8. Integrative Question

The table above showed that only 90% participants give positive response about provide opportunities for you to engage in social interaction with native speakers or members of the English-speaking community, 1% has negative response.



8. Are there any activities that help you understand and appreciate the culture of the English language? How does this impact your motivation to learn to speak?

No.	Responses of Participants	Integrative
Group 1- a	Suggestopedia gives me numerous opportunities to communicate with English-speaking people, frequently through social media	Positive
Group 1- b	Involve me in social interactions with native English speakers or others from the English-speaking community so I can practice speaking pronunciations and develop my confidence in English	Positive
Group 1- c	Being exposed to many ethnic expressions, dialects, and nuances in Suggestopedia makes me more driven to sharpen my English-speaking and communication abilities.	Positive
Group 1- d	Talking to people who are native English speakers or are part of the English-speaking community gives me useful feedback and insights that help me work on my pronunciation and language usage	Positive
Group 1- e	The social engagement on Suggestopedia helps me feel like I belong and am connected to the English-speaking community, which encourages me to participate actively and develops my speaking abilities.	Positive
Group 2- a	Have group tasks or projects on Suggestopedia enables me to benefit from the native language skills and cultural awareness, motivating me to work hard to learn English fluently.	Positive
Group 2- b	Suggestopedia fosters a welcoming environment where I feel at ease honing my communication skills with native English speakers or other members of the English-speaking community.	Positive
Group 2- c	I have not the chance to socialize yet with native English to keep improving my speaking abilities	Negative
Group 2- d	The upbeat and encouraging environment at Suggestopedia inspires me to actively look for chances for social interaction with native speakers or members of the English-speaking community outside of class, which furthers my speaking abilities even just through social media.	Positive
Group 2- e	I've been motivated to work on my speaking because of the friendships and connections I've formed on Suggestopedia with native English speakers and other people who speak the language, as they've given me encouragement and motivation as I continue to study the language.	Positive

Table.9. Integrative Question

From 10 participants on the table above give 90% positive and 1% negative response about the impact of the activities to understand and appreciate the culture of English language.

9. Has Suggestopedia helped you feel more involved in speaking English? Explain how Suggestopedia generates a sense of engagement and commitment in a speaking class.

No.	Responses of Participants	Integrative
Group 1- a	Suggestopedia helps me speak English more. Suggestopedia's engaging and interactive lesson keeps me engaged and motivated to speak.	Positive

<b>Group 1-b</b>	Yes! Suggestopedia values every student's voice. This respect and inclusivity helped me overcome my doubts and participate in speaking events	Positive
<b>Group 1-c</b>	Yes! Music, drama, and visuals make speaking classes exciting with Suggestopedia. This strategy encourages full participation in speaking practice.	Positive
<b>Group 1-d</b>	Suggestopedia promotes positive, non-judgmental speaking training. I'm more confident and engaged in speaking English without pressure or worry of making mistakes	Positive
<b>Group 1-e</b>	Yes! Suggestopedia uses guided imagery and breathing exercises to calm and focus. This relaxed state lets me focus on speaking and perform well..	Positive
<b>Group 2-a</b>	Suggestopedia stresses positive feedback and encouragement. I was encouraged to practice speaking by professors and peers.	Positive
<b>Group 2-b</b>	Yes! Suggestopedia's learner-centered approach empowers me. This learning method made me committed to improving my English and speaking skills.	Positive
<b>Group 2-c</b>	Suggestopedia fosters class unity. Group and duo work foster a sense of connection and teamwork, increasing speaking class interest and dedication	Positive
<b>Group 2-d</b>	Yes! Suggestopedia's authentic text, dialogue, and multimedia elements intrigued me. This engaging information encourages me to speak and learn the language	Positive
<b>Group 2-e</b>	Suggestopedia recognizes students' accomplishments. Recognizing and celebrating our progress boosts our self-confidence and commitment to English.	Positive

Table 10. Integrative Question

From the table above, it can be seen 10 participants 100% give positive response far the question about how suggestopedia help them in involving their speaking ability.

10. To what extent does Suggestopedia push you to go beyond basic speaking learning goals and acquire higher speaking skills in English? How has this affected your motivation to study and improve your speaking skills?

No.	Responses of Participants	Integrative
<b>Group 1-a</b>	Suggestopedia challenges my speaking ambitions. This strategy incorporates vocabulary expansion, grammatical development, and fluency improvement. It inspires me to improve my English.	Positive
<b>Group 1-b</b>	Suggestopedia motivates me to enhance my speaking skills. This strategy challenged me to use English in real-life situations. I was motivated to improve my speaking skills by seeing real-world language use.	Positive
<b>Group 1-c</b>	I can use my speaking skills on Suggestopedia. This method promotes active engagement and the application of principles in real-world communication through role plays, conversations, and interactive exercises. I'm inspired by this practical approach to improving my English.	Positive
<b>Group 1-d</b>	My speaking skills are constantly challenged, which motivates me to study and grow.	Positive

<b>Group 1-e</b>	Suggestopedia encourages a growth mentality. This motivates me to improve my speaking skills and set greater goals.	Positive
<b>Group 2-a</b>	Suggestopedia facilitates customized learning and feedback. This modified technique has encouraged me to recognize and improve my speech flaws.	Positive
<b>Group 2-b</b>	Suggestopedia's supportive environment motivates me to enhance my speaking skills. This approach encourages growth from mistakes. I can take chances, overcome obstacles, and improve my communication skills in this friendly environment.	Positive
<b>Group 2-c</b>	Suggestopedia introduces me to legitimate materials for advanced speaking skills, such as films, podcasts, and literature. I'm driven to improve my language skills.	Positive
<b>Group 2-d</b>	Suggestopedia fosters speech self-evaluation. This method gives tools and tactics for self-assessment, goal-setting, and improvement. Self-assessment motivated me to learn and speak better.	Positive
<b>Group 2-e</b>	Suggestopedia acknowledges all achievements and giving me a sense of accomplishment and encouraging me to keep learning and improving my English speaking skills.	Positive

Table.11. Integrative Question

From the above feedback 100% of the students agreed that Suggestopedia push them to go beyond basic speaking learning goals and acquire higher speaking skills in English and also affected their motivation to study and improve their speaking skills.

## DISCUSSION

The percentage of overall negative and positive answers based on the data provided for instrumental motivation can be calculated as follows: Negative feedback total: Reasons for learning English: 20%. English makes them smart and skilled. 40%. Learning English helps you succeed in life. 70%. English makes people value them at 50%. Learning English leads to better job prospects: 20%. Positive feedback in total: Why should you learn English? 80%. They become smart and talented by learning English. 60%. Learning English will help you succeed in life 30 %. Others respect them because of their command of the English language: 50%. Learning English leads to increased work opportunities: 80%. For a result, the overall number of negative responses is 40%, while the total number of positive responses is 60%.

Based on the information supplied about integrative motivation and the Suggestopedia method, it is possible to conclude that: Total Negative Feedback: Opportunity for Social Interaction: 1%. Understanding and enjoying English culture has a 1% impact. Total Positive Responses: 100% Impact on Interest and Motivation 90% chance of social contact 90% influence on comprehension and appreciation of English culture 100% improvement in speech. Going above and beyond basic speaking objectives: 100%. The result showed, the overall proportion of negative comments is approximately 0.41%, while the total percentage of positive responses is approximately 99.58%. Based on the findings of the data given, 40% of the responses were negative about instrumental motivation, while 60% were positive. This means that most of the people taking the class are doing it for good reasons, like improving their skills, getting ahead in life, and getting a better job. Suggestopedia and Integrative Motivation: Overall, only 0.41 percent of participants gave negative comments about integrative motivation. On the other hand, the total percentage of positive answers is 99.58%, which shows that Suggestopedia motivated students to speak English in their speaking class.

The data shows that participants greatly value Suggestopedia's ability to improve their motivation, engagement, and language skills. Positive comments about Suggestopedia's effects on

interest, social contact, cultural understanding, and speaking skills show how well it works as a way to encourage integrative motivation. On the other hand, people who want to learn in English for practical reasons get a higher share of negative answers. This could mean that some participants don't just see English as a way to reach practical goals or improve their careers, but the majority of participants still have good reasons for learning English, which shows how important it is for personal and career growth. Overall, the results show that Suggestopedia method become good motivation to learn a language and that there may be benefits to incorporating integrative motivation into approaches to learning languages especially in English Speaking Class.

From middle school through university, English is one of the target languages studied in schools. Some students still have fear and lack confidence in speaking English as one of the target languages, or what might be called a foreign language in Indonesia. The process of learning a foreign language, which is filled of emotions that have not been adequately studied in the field of language acquisition. For a result, it is critical to employ ways that can make students happy during the learning process, one of which is the Suggestopedia method, which, in theory, can foster a positive relationship between students and mentors. The teacher's authoritative and creative role as a provider of highly motivating educational activities targeted at stimulating individual pupils to strive not only for content but also for academic success is highlighted (Ivanova & Dimova-Severinova, 2021; Waluyo et al., 2018; Colliander & Fejes, 2021; Putu Ayu P, 2016) Students who were educated using the suggestopedia technique achieved a higher success rate than students who were educated using traditional methods. It is therefore recommended that language pedagogy be included in the curricula of teacher training institutes and universities to provide student instructors with the opportunity to benefit from the most up-to-date approaches used in the classroom when teaching English in order to motivate the students (Mustapha, 2018).

## **CONCLUSION**

The research recommends that Suggestopedia approaches be included in languages other than English. Giving a teacher or lecturer the opportunity to employ these strategies can lead to language instruction that is both more successful and more motivating for the students. In conclusion, Suggestopedia has proven to be an excellent approach for improving English language abilities as well as motivation and involvement in the learning process. Even while there are still some individuals who hold negative views on instrumental motivation, the positive responses overall illustrate the potential for Suggestopedia and integrative motivation to provide a positive experience when it comes to learning a foreign language. The use of such strategies in language classrooms has the potential to increase students' overall performance as well as make the learning process itself more enjoyable. Even though this method is old,, it can still be used in this digital era, where teachers can modify and design learning by combining it with the use of up-to-date technology and media.

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