

Analysis Of Children's Interest In Gross Motor Skills Through Audio Visual Based Gymnastics Activities

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Abstract

Purpose: This ponder points to analyze children's intrigued in net engine skills.

Methodology: Investigate strategy utilized could be a sort of subjective inquire about that centers on perception. The subjects of this study were teachers or instructors, students in the age group of 5-6 years at Kindergarten Bintang Al Qur'an Tulung..

Results: Results of this study show that healthy Friday gymnastics activities carried out using audio visual media can attract interest in gross motor aspect skills in early childhood..

Applications/Originality/Value: This study can be applied as a reference for teachers and parents to design more engaging gross motor activities by integrating audiovisual media to maintain and increase young children's interest and participation during physical exercises.

Introduction Section

Children are a certain group of people aged 0 to 6 years according to the Great Dictionary of Indonesian and childhood is a group of children in a unique and very rapid process of growth and development, even said to be a leap in development. (1). Preschool education is education provided to children aged 0 to 6 years by providing various stimuli to encourage growth and development both physically and spiritually so that they are ready to carry it out of education at the next level of preschool age, according to Susanto Ahmad in (1).

Preschool instruction could be a shape of instruction that points to lay the establishment for development and improvement, in specific: ethical and devout improvement, physical, intellectual/cognitive, social-emotional, dialect and communication so that children can develop and develop properly and ideally. PAUD capacities to plan children by presenting information, skills, and certain attitudes/behaviors to adjust them to learning exercises in elementary school later Within the handle of Instruction, the term learning and learning may be a term that contains a exceptionally near relationship and cannot be isolated from each other (3).

Learning is learning understudies utilizing instructive standards and learning speculations are the most determinants of educational success. Learning could be a two-way communication prepare, educating is carried out by the educator as an teacher, whereas learning is carried out by understudies or understudies concurring to Sagala in (4). In the mean time, concurring to Susanto in (Handout learning and learning audlfix, n.d.) Translating learning in early childhood has to emphasize four imperative viewpoints in line with early childhood advancement, specifically learning to memorize, learning how to think, learning how to do, and learning how to live together. Some time recently beginning learning, it is anticipated to pay consideration to the correct learning strategy for early childhood Learning is learning.

The learning method is related to the learning strategy which must prioritize the aspects of playing, singing and activities (5). In the early childhood learning method, there are several aspects that will be developed by teachers through play activities. From this aspect, teachers always want to create a learning idea that attracts children's interest. Victory in carrying out formative assignments at one time will decide victory within the following formative period(2).

Kindergarten children's gross motor development includes throwing and catching balls, walking on a pedestrian bridge (body balance), walking with various variations (walking back and forth on a line), climbing, hanging (swinging), grooves and things that include things such as peran.melompat.dll. Child development needs to be supported by activities with the right methods so that the quality of children's learning can be optimally improved. Early childhood has a short focus power, which is 10 to 15 minutes, so in that short concentration time, really meaningful learning must be carried out in order to stimulate every child's development. (6). To stimulate aspects of gross motor development in early childhood is always closely related to learning media

Early childhood learning media is carried out by playing with the environment, including the use of real media, audio, visual, and audiovisual media, so that learning activities can run smoothly (6). Children's gross motor development requires

stimulation in order to develop optimally, early childhood should train these gross motor skills under the guidance and supervision of a teacher or educator. The difficulty is that at Kindergarten Bintang Al Qur'an Tulung, children lack enthusiasm to participate in gross motor activities that are carried out together in healthy Friday gymnastics activities. Teachers or educators are less creative in presenting gymnastics activities that are interesting to children. On the other hand, the infrastructure is inadequate. In this case, educators are still required and responsible for the gross motor development of children. Learning media used for early childhood are: visual media, audio media, and audio-visual media.(7)

Teaching and learning resources or audio-visual media are becoming increasingly important because they help learners not only see objects but also manipulate them. Thus, learners are given more opportunities to understand the message. Therefore, the use of media technologies such as projectors, cameras, videos, microphones, among others, is becoming increasingly relevant in aiding and enhancing teaching and learning at every level of practice or involvement of Education (8). Through audio-visual learning media such as showing rhythmic and pictorial gymnastics videos in gymnastics activities, it is hoped that early childhood can be enthusiastic and attract interest in participating in gross motor physical activities at Kindergarten Bintang Al Qur'an Tulung.

Interest contains the meaning of a high tendency of the heart towards something, while there is a conclusion that explains that interest can be a feeling of tendency and attachment to something or an action, without anyone telling Interest is essentially the recognition of a relationship between oneself and something outside oneself. The more down to earth and close the relationship, the greater the feeling of interest (10). Lilawati in Zusnani (2013:79) defines interest as a strong and deep concern accompanied by a feeling of pleasure towards an action that directs someone to take action according to their wishes (11). From this understanding it can be concluded that interest can be a strong concern for an action without having to touch and touch the child's wishes.

Method

This inquire about could be a A sort of subjective investigate that centers on perception comes about whose data collection methods include objects and subjects within the field. Concurring to Bogdan and Biklen (12) In this strategy, the information is within the shape of words or pictures and does not emphasize numbers. This inquire about was watched at Kindergarten Bintang Al Qur'an Tulung .

The information sources utilized in this think about are essential and auxiliary information. Essential information were gotten from the comes about of perceptions and interviews. Auxiliary information was taken from the documentation information, specifically photographs of solid Friday tumbling exercises at Kindergarten Bintang Al Qur'an Tulung.

The information collection method was carried out through coordinate perception amid sound Friday tumbling exercises for understudies, interviews with teachers and principals at Kindergarten Bintang Al Qur'an Tulung. Perceptions were made to get information related to the improvement of net engine angles of children matured 5 - 6 a long time approximately: 1). Performing facilitated body developments to prepare adaptability, adjust, and deftness, 2). Planning eye,foot,hand, and head developments in copying move or acrobatic, 3). Doing physical diversions with rules, 4). Gifted in utilizing both right and cleared out hands.

The information investigation strategy employments the hypothesis of Miles and Hubberman (12) specifically information collection, information diminishment, information introduction (Information Show) and conclusion, withdrawal or confirmation (Conclusion drawing or confirmation). Information lessening Information gotten from information collection (interviews, perceptions and documentation) were decreased by summarizing, selecting and centering information in understanding with the destinations of this ponder. And Drawing conclusions and Confirmation is the conclusion of subjective information examination with an intelligently show. The analyst made conclusions bolstered by information at the time of information collection.

Result

In this study, previously children only participated in gymnastics using active speakers as aba aba for their gymnastics movements. When observed, some children were running, some said they didn't want to participate in gymnastics, some just participated in gymnastics with bored faces, some said tired, some just stood following the teacher's instructions. After conducting observations,interviews with teachers or educators, there were several problems that arose, including the achievement of development in the gross motor aspect of children, which began to decline. As a teacher or educator, it is one of the teachers' failures in completing the achievement of early childhood development. From the results of communication with teachers or educators, we try new things by making innovations, namely replacing learning media. Before deciding to do gymnastics activities by trying new things by replacing the learning media with audio visuals, namely television. Teachers get inspiration from learning activities in the classroom that display youtube videos according to the theme through laptops. Curiosity, curiosity, holding a laptop, asking questions are very enthusiastic.

In this healthy Friday gymnastics activity, research was carried out by making observations, where observations were made with objects and subjects in the field directly. The object of this qualitative research is gross motor physical learning in Friday morning gymnastics activities with television media at Kindergarten Bintang Al Qur'an Tulung which is located in Srijaya Hamlet Rt 01 Rw 04, Pucang Miliran Village, Tulung District, Klaten Regency. And the subject of

this research is teachers/educators, students in the age group of 5-6 years (Class B) at Kindergarten Bintang Al Qur'an Tulung.

When the observation began, audio visual media was immediately used, namely television connected to the youtube application. From the results of observations at the beginning, the child's response looks enthusiastic, curious, excited, and curious. And during the healthy Friday gymnastics activity, the children were orderly and enthusiastic to move according to the rhythm and images on the television. Children start to invite for gymnastics like this tomorrow again. For them, this is a new and exciting thing.

Research on healthy Friday gymnastics activities with audio-visual media, namely television at Kindergarten Bintang Al Qur'an Tulung, can stimulate gross motor development in early childhood. This research also develops children's gross motor skills according to STTPA, namely: Coordinating eye,foot,hand and head movements in imitating dance or gymnastics (Curriculum Standards and Education Assessment Agency, 2024)(14).

Through movement activities accompanied by music or songs such as television, the movements carried out by children will be more controlled and organized with body patterns such as standing upright, hands can be moved, leisurely stepping and moving the legs and legs. This activity carried out by children also has a positive influence on the physical development aspect of children's gross motoric. On the other hand, through learning movements and songs such as television, children will gain direct experience which will certainly improve their gross motor skills.



Figure 1. Children taking part in gymnastics activities



Figure 2. Children feel happy while doing gymnastics

Discussion

Early childhood may be a child who is included within the age run of 0-6 a long time who is in a interesting and quick handle of development and advancement (15). Agreeing to the National Instruction Framework Law No. 20/2003 section 1, it is expressed that those who are included in early childhood are children who are included within the age range of 0-6 a long time. Agreeing to Fadlillah, (2014:19) expressed that early childhood may be a gather of children who are in a special handle of development and advancement. Concurring to Hurlock in Aziz, Syarifudin (2017:2), expressed that the category of early childhood or early kindergarten is preschool which covers the age bunch between 2 to 6 a long time. From the different sources over, it can be concluded that early childhood is children who are powerless matured 0-6 a long time who are in a special and fast handle of development and development.(7)

Net engine capacity agreeing to (Sage, 1997:338) that net engine may be a development that includes all developments of the appendages and leg developments, such as hopping, swimming, shooting. In line with Sage's conclusion, (Magill & Anderson, 2014:11) states that net engine capacity could be a engine capacity that requires the utilize of expansive muscles to realize the objective of capacity, such as strolling, bouncing, tossing, bouncing, etc.(1). Hurlock clarified net engine abilities as controlling body movements through facilitated exercises between the course of action of nerves, muscles, brain, and spinal line, to be specific engine aptitudes are the essential establishment for early childhood (16). From a few of these conclusions, it can be said that net engine improvement is the control of body developments through exercises that are facilitated between nerves, muscles and the brain within the frame of strolling, bouncing, tossing,

and hopping movements.(17). Engine developments are a solid establishment and establishment in supporting learning, playing, socializing, conjointly a shape of building children's certainty. These engine abilities are valuable for children and ended up a great premise for children's cognitive improvement. When children enter school age, they will carry out exercises at school with great execution on the off chance that the physical establishment is additionally solid.

Sound Visual Learning Media comes from the Latin dialect of media and could be a plural shape of the word medium which actually implies Intercession or presentation. Therefore, the media is a means of delivering learning information and delivering messages. Because media is a source of learning, it can be interpreted as broadly as a person, object, or event that allows students to acquire knowledge or skills (Sadiman, 2010). Visual learning media is the use of teaching materials that are absorbed visually. Based on the opinions of experts, the so-called visual learning media is the process of conveying messages from message sources through visual media, and in that case can increase students' thoughts, emotions, interests and attention. This is stimulated by the way the learning process takes place (Muhammad Nasikul Abid, 2018)(18). From some of the sources above, audio-visual learning media is a means of delivering learning information with audio-visual media that increases students' thoughts, interests and attention.

The application of audio-visual media in acrobatic exercises has been investigated in a few considers, and the comes about appear its adequacy in making strides children's understanding and net engine aptitudes, specifically the utilize of audio-visual media can increment children's intrigued and eagerness in doing acrobatic. In various studies conducted by several journals, it was explained that children are more interested and happy when gymnastics is accompanied by music or songs(19), so that they are better prepared to follow the movements according to the rhythm of the song (6). Another study conducted at SD N 1 Lembar Selatan showed that after using audio-visual media, the average children's skills increased significantly, from 72.94 to 95.00(20). From these various studies, children are more active in participating in the learning process by applying audio-visual learning media because the learning atmosphere is not monotonous and more relaxed, making learning more enjoyable.

Etymologically, intrigued implies a tall propensity of the heart towards something. In the interim, agreeing to (Slameto, 2010:180) it is clarified that intrigued may be a sense of inclination and connection to something or movement, without anybody telling it. Intrigued is essentially the acknowledgment of a relationship between oneself and something exterior oneself. The more grounded and closer the relationship, the more noteworthy the intrigued (Djaali, 2008:46). Lilawati in Zusnani (2013:79) characterizes intrigued as a solid and profound concern went with by a feeling of delight for an movement that coordinates a individual to do the action of their claim volition(11) . From the definition of interest, it can be concluded that intrigued may be a solid concern for an movement without having to touch and on the child's claim will.become a great premise for children's cognitive advancement. When children enter school age, they will carry out exercises at school with great execution in case the physical establishment is additionally solid.

Outside variables Outside components are something that produces understudies fascinated by coming from exterior themselves, such as: support from guardians, support from instructors, colleagues, the accessibility of foundation and offices or offices, and the state of the environment Agreeing to Reber in Muhibbin Shah (2005:151), External components or Outside variables are something that produces understudies inquisitive about coming from exterior themselves. Outside variables incorporate:1. Parental back 2. Companion 3. Offices / foundation(11).

From these various studies, children are more active in participating in the learning process by applying audio-visual learning media because the learning atmosphere is not monotonous and more relaxed, making learning more enjoyable(21). Audio-visual media includes both the faculties of locate and hearing, so that children are more dynamic in learning. This will make it simpler for children to get it the fabric being passed on since the data comes in through two diverse tangible channels (22). Audio-visual media can help develop children's language skills. Early childhood tends to imitate what they hear, so the context of sounds and images in audio-visual media can trigger their language development(Ed&Watini, 2022).

The distinction in net engine capacity of understudies within the test bunch and the control gather is, the esteem on net engine capacity $t_{count} = 4.458 > t_{table} = 2.048$. This appears that H_0 was rejected H_1 was acknowledged with a esteem of Sig. $0.00 < 0.05$ and there was a distinction within the normal esteem between the test movement with a cruel esteem of 82.20 and the control group with a cruel esteem of 79.53, which implies that there was an impact of the application of cheerful acrobatic exercises on the net engine abilities of understudies in Kindergarten Gather B Pelangi Bontoraja, Bulukumba Rule. Cadenced acrobatic exercises can make strides the net engine aptitudes of children matured 5-6 a long time on markers of children's capacity to perform head, body, hand and foot developments, which are carried out in a facilitated way in mimicking different developments. development and flexing of the joints and muscles, planning the arms and legs(24). At an early age, the most excellent incitement is given to extend kinesthetic insights to children, one of which is through musical tumbling since children are exceptionally affectionate of moving, particularly taken after by the cadence of music and tunes that are eager and cheerful will be able to precise themselves (Ulfah & Putra, 2021).

This research is also used to make gymnastics activities that vary with different supporting media, so that children become unsaturated and enthusiastic about participating in gymnastics activities at school. According to Rohani Ahmad (1997), this media helps overcome the limitations of children's experiences by presenting learning objects in an attractive and easy-to-understand form(25). This is often in line with the discoveries of Sari et al. (2020) which expressed that early childhood encompasses a tall interest and is exceptionally responsive to visual and sound-related stimuli (Ggita Isma Juliandini, Taopik Rahman, 2022). This think about shows that learning recordings are able to pull in children's consideration and make them more included within the learning prepare (27).

Conclusion

Based on the comes about of the inquire about and dialog over, it can be concluded that acrobatic exercises with audio-visual media can increment children's intrigued in angles of net engine improvement at the age of 5-6 a long time. With imaginative learning media such as appearing recordings through audio-visual media, it is obvious that children's interest is beginning to seem. In spite of the fact that the concentration level of children is as it were 10-15 minutes. In expansion, there are a few variables that influence children's interface, counting: bolster of guardians, colleagues, facilities/infrastructure. Children cherish to move, particularly taken after by the cadence of music and songs that are excited and cheerful will be able to precise themselves So by utilizing different sorts of audio-visual media, instructors or teachers can give an curiously, intuitively learning environment, bolster investigation and offer assistance children create inventive considering aptitudes that are vital for their future.

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