

# Child Discipline Development at the Aisyiyah Grogol Sukoharjo Girls' Orphanage.

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## Abstract

*Orphanages function as social institutions where in their daily lives, children are cared for, educated, guided, directed, given affection, provided with daily needs and given skills. The purpose of this study is to describe the forms of discipline and participation development of children at the Aisyiyah Grogol Sukoharjo Orphanage. This type of qualitative research was conducted at the Aisyiyah Grogol Sukoharjo Orphanage on December 1-4, 2025. The sources of this study were the head of the Aisyiyah Grogol Sukoharjo Orphanage, Mrs. Siti Parini, and the orphanage caretaker, Umi Aminah. Data collection techniques were through interviews, observation, and documentation.*

*The results of the study are that (1) The forms of discipline development at the Aisyiyah Grogol Sukoharjo Orphanage include congregational prayers on time, on duty on time. (2) Participation of orphanage children in disciplinary development at the Aisyiyah Grogol Sukoharjo Orphanage for Girls through daily activities, religious development, and character development of orphans.*

*Keywords: development, discipline, orphanage*

## Introduction Section

An orphanage is an institution designed to foster the development of children who do not have families or who do not live with them. Children in orphanages are cared for by caregivers who take over the role of parents in nurturing, caring for, and guiding them, helping them become useful adults who are responsible for themselves and their community. (Zaimir Syah et al., 2022)

Orphanages are child protection institutions that function to protect children's rights. Generally, orphanages in large cities strive to address social issues affecting children. The orphanages accommodate children experiencing various developmental challenges, and their role in their personality development holds special significance. This is because children lack a clear place in the developmental process. (Hidayat, 2021)

Orphanages are places where perfect individuals are nurtured for themselves, their nation, their state, and their religion, even if they don't come from perfect backgrounds. They also serve as a place for education and the formation of individual identity. Therefore, for children to become successful individuals, they must learn extensively to gain a place in society. However, many children fail to achieve this. (Irma, 2024) This can be due to economic factors, the death of a parent, or family problems that lead to social problems. Broadly speaking, the human personality structure consists of physical and psychological aspects. Both aspects develop with age and life experiences. Individual development does not end with physical maturity. Development is a continuous process, starting from birth, continuing through childhood, adolescence, adulthood, and old age. Physical changes occur throughout life, influencing a person's attitudes, cognitive processes, and behavior, as well as the types of problems they face. (Janssens, 2024)

A child certainly needs the love and attention of their parents, Likewise, children living in orphanages want to experience the love of both parents, just like other children whose parents are still alive and well. Therefore, children are placed in orphanages so they can always feel the love of their caregivers, who act as their second parents, and so they can achieve their dreams and continue their lives for the future. (Ikhwan, 2020)

The most appropriate parenting style is one that adapts to the child's specific situation. This includes consistently paying attention to the child, making time to interact with them, being open with them, and guiding them to behave rationally. This parenting style will help the child's personality develop well. However, when this level of attention is lacking, the child's personality development becomes more difficult. (Janssens, 2024)

Therefore, the children at the Aisyiyah Orphanage desperately need guidance, such as the guidance counselors' attention to the children's behavior. This includes consistently creating a friendly atmosphere between the counselors and the foster children, adopting a psychologically-informed approach to the foster children, and providing time for interaction with the foster children to achieve optimal physical and psychological growth and development, thus shaping the children's personalities according to their developmental tasks. (Mutia Handayani, 2021)

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Guidance is also generally provided at the Aisyiyah Orphanage. Foster parents also provide attention to the foster children, such as caregivers/mentors directing the children, providing affection, and constantly supervising them.(Ulfazila Afratul Islamy et al., 2024) However, the impact on the children's behavior has not been optimal. The personalities of adolescents at the Aisyiyah Orphanage do not align with the foster parents'/mentors' expectations. These include children frequently violating norms, lacking respect for their foster parents, being irresponsible, and engaging in fights or disagreements. Based on the description above, the author is interested in conducting research in a scientific form with the title "Discipline Development at the Aisyiyah Grogol Sukoharjo Orphanage for Girls"

## Research Methods

This research is a field study using a qualitative approach. The object of this study is Discipline Development at the Aisyiyah Orphanage for Girls in Grogol, Sukoharjo. The informants were the head of the Aisyiyah Orphanage for Girls in Grogol, Sukoharjo, Mrs. Siti Parini, and the caretaker of the orphanage, Umi Aminah.

The first stage of this research was heuristic, namely data collection in accordance with qualitative research. Three data collection techniques were used: interviews, observation, and documentation.(Wahida et al., 2024) The interview method was used to obtain data on the history of the Aisyiyah Orphanage for Girls, its objectives, its vision and mission, efforts to improve discipline among the children in the orphanage, and the daily program activities within the Aisyiyah Orphanage.(Irma, 2024)

This research is very urgent for researchers because every human being has a different way of fostering in forming a person's discipline, including children who are in orphanages. Not only education or parental guidance that can foster in forming a child's character but also the mentors or substitute parents in the orphanage. Every guidance carried out by the orphanage mentors will shape the character of the child's discipline.(Silvia, 2022) The Observation method is used to obtain data such as geographical location, building conditions, facilities and infrastructure and existing facilities to complement the daily lives of the orphanage residents. The documentation method is used to obtain historical data on the establishment of the Aisyiyah Orphanage, the activities of the orphanage, the management structure and data related to the Aisyiyah Orphanage.(Mutia & , Kartini Marzuki, 2023)

## Results and Discussion

Based on interviews with the management of the Aisyiyah Grogol Sukoharjo Orphanage regarding efforts made to improve discipline among children at the orphanage, the author obtained data on several measures taken by the orphanage(Susanti, 2020), including:

### a. Congregational Prayer

One way to foster discipline is through congregational prayer. Prayer is an act of worship that involves specific words and actions, beginning with the takbir (recitation of the Quran) and ending with a greeting (peace be upon him). In Islam, prayer is obligatory for every Muslim, both men and women. Prayer is a pillar of religion; therefore, failure to perform it is considered a violation of the religion. Therefore, the habit of performing prayer must be instilled in our children from an early age.(Madrasah & Awaliyah, 2021) Religious practices, which are concrete acts of worship, such as prayer, fasting, reading the Quran, and supplication, when instilled in children from an early age, foster a sense of enjoyment in them. By practicing prayer, it is hoped that students will perform prayer orderly and correctly, and will be able to understand and internalize each recitation and movement of the prayer.(Husnadian et al., 2022) This will ultimately foster a disciplined attitude in prayer and other forms of worship. Discipline is a form of positive behavior resulting from a Muslim's inner conviction. Broadly speaking, discipline encompasses all forms of influence aimed at helping students understand and adapt to the demands placed on their environment. Regularly practicing Islamic teachings impacts daily behavior. For example, the more diligent and disciplined a Muslim is in performing prayers, the more diligent and disciplined they will be in carrying out other tasks. By being disciplined in carrying out a task, they will not burden others with their own responsibilities. Instead, they will benefit their environment through their productivity and disciplined, orderly performance.(Kumalasari, 2022)

### b. Guidance on Discipline in Personal Hygiene and Tidiness

Islam is a religion that places great value on cleanliness. Therefore, Allah commands all Muslims, both male and female, to always maintain cleanliness, both personal and environmental. Ann Nadhoofatu minal iimaan (cleanliness is part of faith). The phrase "part of faith." When Allah says that cleanliness is part of faith, this means that cleanliness has become a crucial aspect in Islam. A person's faith is incomplete if they neglect this aspect of cleanliness. Moreover, for a Muslim woman, being clean and tidy is an obligation.(Ulfazila Afratul Islamy et al., 2024) This includes how she grooms herself, her appearance, and maintaining the cleanliness and tidiness of her room, house, and environment. Here, the children in the orphanage are also taught to be independent regarding their own discipline and the cleanliness of the dormitory. In this regard, children are taught discipline such as tidying their own rooms, wardrobes, books, and clothes. Here, the role of the mentor is to provide advice and warnings to the children in his care to be disciplined regarding the personal hygiene of the children in his own care.(Selatan, 2025)

### c. Discipline Guidance in Religious Study Activities

Religious study is an activity frequently undertaken by Muslims.(Husnadian et al., 2022) Attending religious study activities is not obligatory in Islam, but with the passage of time, people have become interested in participating in these activities. The word "religious study" comes from the word "mengaji," which can be interpreted as someone seeking to learn religious knowledge from someone who is an expert in the field. It can also be defined as an activity or activity focused on religious learning, particularly learning about religious teachings and Quranic recitations. Religious study activities can include various activities, such as listening to lectures, spiritual guidance, learning about the Prophet's Sunnah, and reciting the Quran together.(Udas et al., 2025) The religious study activities have been shown to have positive impacts on individuals, including gaining previously unknown religious knowledge, strengthening relationships, and sharing knowledge. The benefits of attending religious studies also impact a person's psychology, characterized by a reduction in anxiety, a sense of purpose in life, and a lack of fear of death. Children are taught discipline here, including arriving on time for religious study sessions after Maghrib prayers and every Sunday morning.(Sarmini, n.d.)

In addition to religious studies, children are also taught to give sermons to hone their public speaking skills. Every religious study session, all children are scheduled to give a sermon and must prepare their own material. There's also a Quran memorization activity after dawn prayers, and they must submit their memorization to their caregivers on time once a week.(Jasman et al., 2024)

Participation of orphanage children in discipline development at the Aisiyyah Orphanage for Girls in Grogol, Sukoharjo. Daily Activities of Children at the Orphanage. The development of orphans carried out in daily activities emphasizes discipline and self-habits.(Barus & Rahma, 2022) Habits are educational materials and character development. Habits are an important factor in acting well. If children are accustomed to acting well in small things, it will be easier for them to do good deeds in bigger things. Therefore, it is important that in the development of good habits to train children.(Susianto et al., n.d.)

Aisiyyah Grogol Sukoharjo Orphanage for Girls has established norms or regulations that must be obeyed to train children's discipline. The regulations include: (a) Foster children are required to wake up half an hour before dawn prayers, (b) carry out their duties on duty according to the schedule (c) are not allowed to bring or use communication devices. (d) Maintain the security and order of the dormitory, (d) Go home from school according to the schedule (e) Remind and encourage congregational prayers at the mosque, (f) Lock the door during the night break (g) Control the use of water taps and lights.(Pasma, 2022)

The forms of activities carried out by the Yatim Putri Aisiyyah orphanage in the context of religious guidance are, Performing the 5 daily prayers in congregation, Performing sunnah prayers, reading the Quran, performing sunnah fasts, and studying religious knowledge.(Ifadah, 2020) Guiding orphans in character is an action to educate, foster, build character, morals and behavior of a person so that the person concerned is accustomed to knowing, understanding and experiencing good qualities so that their attitudes and behavior reflect noble character. In order for the development of Aisiyyah Orphans in character to run well, a model of instilling character values must be used.(Hasni Herman; Ibrahim, Ibrahim, 2020) The model in question is a form of construction that can be a concept that completely describes a thought or a picture of the physical form of an object on a small scale. The forms of activities carried out by foster children in the context of character development are, asking permission from the caregiver every time they enter and leave the orphanage, involving children in every activity in the surrounding village, fostering harmony within the orphanage. Meanwhile, regarding the instilling of character can be seen from the children's disciplined attitude by attending routine morning studies at 05.00 WIB and routine evening studies at 19.00 WIB every day, carrying out their duty duties in an orderly and regular manner and participating in all existing development activities, namely by carrying out duty according to the schedule that has been made, cultivating healthy living habits that start from waking up to going to bed.(Ulfazila Afratul Islamy et al., 2024)

## Conclusion

Discipline development at the Aisiyyah Grogol Sukoharjo Orphanage includes praying on time and being on duty on time. The orphanage's own rules and sanctions are established, so they are ashamed if they violate the rules they have created and agreed upon. Violations are subject to sanctions. Violations such as not attending congregational prayers are punished by memorizing the Qur'an (a form of educational punishment).(Silvia & Angraini, 2020)

Participation of orphanage children in fostering discipline at the Orphanage of Orphaned Girls Aisiyyah Grogol Sukoharjo through the daily activities of the Children at the Orphanage by waking up half an hour before dawn prayer, on duty, not being allowed to bring and use communication devices, maintaining the security and order of the dormitory, going home from school according to schedule, reminding and encouraging congregational prayers at the mosque, locking the door at night rest time.(Susanti, 2020) Religious development at the Orphanage through 5 daily prayers in congregation, performing sunnah prayers, reading the Quran, performing sunnah fasts, and studying religious sciences. Fostering orphans in character through asking permission from the caregiver every time they enter and leave the orphanage, involving children in every activity in the surrounding village, fostering harmony within the orphanage.(Hasni Herman; Ibrahim, Ibrahim, 2020)

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